



Doggie Day Trips

BY KATRINA MCRAINEY

The weather is getting cooler, leaves are starting to turn, and Fall decorations are adorning every neighborhood. Many are planning for the holidays ahead and visiting family members. If you're like me, you're looking for opportunities to enjoy these gorgeous weekends before the big holiday rush begins.

Opportunities abound for little day or weekend trips in the mid-Atlantic, but what if you want to take your darling needle nose with you? All of a sudden those choices seem to dwindle, right?

While dog-visiting limitations can be frustrating, there are several important factors we as dog owners need to remember. Many business owners have several legitimate concerns regarding our furry friends, particularly since not all dogs are well-trained. First, if a dog becomes a visiting tornado rather than a friendly furry face, most business owners can see their products, their clients, and their business liability go up in smoke. Second, in some cases, like restaurants and cafes, health code actually prohibits animals, and the establishment can be fined if found in violation of the code. Third, doggie accidents are bad enough in your own home with your own dog, nobody wants to run into that at their place of work. Ew. It's no wonder many businesses balk at welcoming in our dogs.

But not so fast! There may be more options than you think. We've compiled a list that'll help you get out and navigate through those "no dogs allowed" signs. Whether it's a great restaurant's patio or a gorgeous wine-country stroll, here you'll find some wonderful places to enjoy with your pooch. Make sure you know the rules of each property before you go, and remember those rules are in place to help keep all parties happy and healthy. Get out there and enjoy yourself! ■

Want more ideas? Love a place that's not listed? We plan on featuring pup-friendly places in each newsletter, so let us know where you like to go and we may feature it in the next issue!



BARREL OAK WINERY, DELAPLANE, VA <http://www.barreloak.com/>



Barrel Oak Winery (BOW) is one of the most dog friendly attractions in the area, they love to see the dogs out there and even have water bowls and treat jars scattered throughout the facility. They also frequently have events with proceeds benefiting local dog charities.¹

CAPITAL RIVER CRUISES <http://www.capitolrivercruises.com/>



Enjoy a tour of Washington DC from the water, sit back, relax and enjoy this 45 minute boat ride along the Potomac River with a narrated history of the sites. This is a great way to take a break from the hustle and bustle of the city while still getting to take in all the city has to offer. The best part is your pup is welcome to join in at no additional cost.²

KIMPTON HOTELS <http://www.kimptonhotels.com>



Kimpton is known as a boutique, typically historic line of hotels located around the country. Each is uniquely decorated and offers lovely accommodations as well as a subtle sense of humor. Every single one is not only pet-friendly, they even have pet concierges. Don't believe me? "Our Directors of Pet Relations welcome guests with an enthusiastic wag, make suggestions on local pet-friendly hot spots, and often host the complimentary evening wine hour. Despite their need for scratching behind the ears and a tendency to drool, these star employees work hard to make sure that each guest feels extra loved."

MAMAS ON THE HALF SHELL <http://www.mamasmd.com/MamasSite/>



You can't enjoy this area without the occasional stop to a favorite seafood joint. At Mamas, you'll get great food, a nice environment, and maybe even a little history lesson! They have wonderful examples of our region's classics - the crabcake, oysters, and clams. Best of all, your grey can come with you and enjoy their patio.

in this edition

DOGGIE DAY TRIPS	.PG 1
JETSON COMES FULL CIRCLE	.PG 2
GREYT MUSIC	.PG 3
IMPORTANT LESSON	.PG 3
GREYT BITES	.PG 3
COMMON HEALTH PROBLEMS: PARASITES	.PG 4
GREYT PRODUCTS	.PG 5
PHOTOS	.PG 6

Jetson Comes Full Circle

BY NICHOLE ZURGABLE

I had been a foster sitter for a few months and the time had come to get my first foster. At the time, the hauls were coming to Cal Ripken Field. Jen Boyd-Morin had offered to bring my foster to Frederick. I met Jen on a very cold, dark early morning in December of 2005.

Across the parking lot came Jen with a beautiful brindle boy with white markings. I had never seen a dog with a white ring around his nose! He had white paws, a white chest and the thickest neck I ever saw! Hello Carolina Twilite.

After getting back to Pennsylvania, we stopped at the dog wash. He was perfect and enjoyed his bath. Then nervous foster Mom went over the foster guidelines again. By this time I had everything memorized, but this was my first official foster and I wanted to do everything right. After proper introductions to Kiaba and Tehay, everyone muzzled and Twilite leashed, we walked around the yard. He did his business and looked at me to say "now what?"

Back in the house, meds given, breakfast eaten, he settled in his crate. I sat down with a loud sigh and waited for the worst. Pleasantly surprised with no vocalization, we all took a nap.

Twilite was adopted thirteen days after coming to my house. I was happy for him to find his forever home.

Fast-forward to July 2013. Turns out Twilite, now Jetson, didn't find his forever home. He was returned and I took him in. He was my first foster; how could I resist?

I met the previous owner to pick him up. Gone was the white ring around his nose. Now his whole face was white. Gone too was the big thick neck and the muscle. But he was still my beautiful boy.

Upon returning home after picking him up, I wondered if he would remember my house. He came into the kitchen and went right to the patio door to go out! He was introduced to Cian and Boo. He then walked straight to the water bowl! Yes, he remembered.

His family life before he was returned had become very stressful for him. He was having accidents in the house and couldn't be crated. He was heavily medicated for a medical condition he did not have.

Again, fast-forward a few weeks. With good food, proper supplements and a calm, consistent household he was a changed dog. I couldn't let him go through another transition, so I adopted him on September 11, 2013.

He has come a long way! He still has an occasional accident if left alone for more than six hours, but is crated when I leave. He loves to play with toys and will play bow and twirl to get you to play with him. He has some hind end weakness, but still does zoomies in the yard, a bit slower than the others, but he has fun! He will sometimes bark to get you to play and his bark has become old and hoarse. We laugh because he sounds like a coon hound!

We are so very happy to have him in our lives no matter how long. Welcome home to your REAL forever home, Jetson. ■



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The Skinny on Greyhound Welfare is a publication of Greyhound Welfare.

Greyhound Welfare is a greyhound rescue and placement group serving the metropolitan Washington D.C area (Maryland, Virginia and DC). Greyhound Welfare is a 100% foster home group, which means that all our greyhounds live in real homes until they are placed. This helps us teach the dogs about their new world, and learn more about the individual dogs. Knowing our dogs well helps us greatly with our placement success.

Newsletter Staff

Katrina McRaney, MANAGING EDITOR,
GRAPHIC DESIGNER

Additional contributions by
GW adopters and friends.

To submit story and photo ideas, please send an email to newsletter@greyhoundwelfare.org

Greyt Music

It's never too early to get into the holiday spirit. Now you can combine 2 of the greatest things - Greyhounds and music! Rob Fahey and Greg Marsh have written some wonderful tributes to our greyt friends. Want to learn more? Follow the link to check out the music, then join the release party featured on the their Facebook page on November 30th. See you there!

<https://itunes.apple.com/album/greyt-christmas-single/id732157902>
<https://www.facebook.com/events/357635557716150/?source=1>



The Most Important Lesson

BY CHRISTINE PAYACK

Today is the birthday of my dear elegant Argos! He is 5 years old --as the tattoo in his right ear inellegantly states --68G. How did Argos and I celebrate? Unfortunately, Argos was home today, but my second grade students and I had a "Puppy Party" in his honor! Although the children never actually met Argos --dogs are not allowed on school grounds, let alone in my classroom-- they definitely feel they know Argos well and love him. He is our classroom star!

Since the fall, my young charges vicariously joined me on my greyhound adoption journey. They heard

about the entire adoption process and waited with great anticipation as I waited for my special greyhound. They experienced my absolute joy when I adopted Argos on November 29th and grew to know him well through "Argos stories" and photos.

So today, the children made birthday cards for Argos and brought in their own plush and toy dogs. We ate chocolate & vanilla cookies and ice cream sandwiches in honor of his black and white colors. We sang dog-inspired songs we know and songs we invented.

This I believe - children innately love animals, and beautiful Argos nourishes their kind and compas-

sionate young hearts. My dear Argos brings us happiness and joy, and he leads the most important lesson of all --teaching children to care deeply for other living things.

Happy 5th birthday, dear Argos!
The world is a better place, and we are better people, because of you! ■



Greyt Bites

Celebrate with Argos!!

Use these tasty treats to celebrate a special occasion with your dog... even if that special occasion is Treat Time!

Homemade Black and White Doggie Cookies

YIELD: 6 large cookies

ACTIVE TIME: 15 minutes

COOKING TIME: 15-20 minutes

TOTAL TIME: 1 hour (including set time)

INGREDIENTS

1 large egg
2 tablespoons vegetable oil
3/4 cup rice flour
1/3 cup Carob Drops (chocolate chip substitute)
1/3 cup plain yogurt drops

Lightly flour a surface for rolling out the dough. Roll the dough until it's approximately 1/4" thick.

Using a large round cookie cutter, cut out the cookies and place on the lined sheet pan. Repeat to use as much of the dough as possible.

Bake the cookies for 15-20 minutes or until golden, then place on a cooling rack to cool completely.

FOR THE ICING

Melt the yogurt drops in a glass or aluminum bowl over a pot of simmering water.

Using a spatula, spread the melted yogurt over half each cookie. Allow to set, about 15 minutes or so.

Melt the carob drops in the same manner. Once melted, spread with a rubber spatula on the other side of each cookie. Allow to set, about 15 minutes.

Serve!

Adapted from Pretty Fluffy <http://prettyfluffy.com/diy-tutorials/diy-projects/black-and-white-cookie-dog-treat-recipe>



DIRECTIONS

FOR THE COOKIES
Preheat the oven to 350 degrees F. Line a sheet pan with parchment paper.

Whisk together the egg and vegetable oil in a bowl until well combined. Add the rice flour to the wet ingredients and mix well to form a dough.

Common Health Problems

BY BEVERLY LARISON

So, you take your dog to the vet because he or she has been experiencing a little diarrhea and find out that your dog has hookworms. You will probably be a bit grossed out (I know I was!) Unfortunately hookworms and other parasites are becoming more common. The purpose of this article is to give an overview of some common parasites. I am not a veterinarian. *None of the information in this article is meant to contradict or replace medical advice given by your veterinarian.* It is, however, a means for you to become more familiar with these issues and can spark a meaningful conversation with your vet.

Parasites can be internal (worms) or external (fleas and ticks). We will address both types here:

I will refer to two worm medications (Drontal and Panacur-C below). They are both effective against hookworms, whipworms, and roundworms, but only Drontal is effective against tapeworms. Drontal is a pill that is given in one dose every two weeks. Panacur-C is a powder that is sprinkled on food once daily for three days and repeated in two weeks. They are fairly close in price.

Internal Parasites:

- **HEARTWORM (*Dirofilaria immitis*):** This is a type of roundworm that is transmitted via mosquito bite. It is extremely dangerous, though not contagious. Prevention is critical. There are a variety of monthly preventatives (chewable or a liquid placed on the skin). Please consult with your veterinarian for his or her recommendation, based on your dog's situation. I cannot emphasize enough the importance of preventing heartworm year-round: trying to treat it is extremely painful and can kill the dog. Many heartworm medications contain additional products to help control other parasites. Those additional products vary by brand.

- o Early signs of heartworm infection include a cough, especially in exercise and early exhaustion during exercise. In the most advanced cases, where many adult worms have built up in the heart without treatment, symptoms range from severe weight loss,

fainting, coughing up blood and eventually congestive heart failure.

- o Before heartworm preventative can be started, your vet will test for heartworm infection. This is important, as giving the preventative while the dog is infected can cause major problems. Most vets test yearly for heartworm. This is a simple blood test that is done at the office.

- **HOOKWORM (*Ancylostoma caninum*):** This is a type of intestinal worm that is transmitted via feces. It is often found in the soil. It is possible to transmit the larvae to humans (hand washing is imperative). Because the worm is so tiny (about 1/8th of an inch long), it can often migrate to other tissues or parts of the body. Hookworms are notoriously difficult to eradicate. It can take many rounds of treatment. This is due to a situation called larval leak. This occurs when worms present in the tissues periodically enter the intestinal lumen and develop to an adult stage. Some say these larvae originate from the intestinal wall while others say the somatic muscles. Owners can become frustrated because fecal exams are not always a reliable indicator of whether or not the dog is infested. The fecal exams have to be given on just the right day of the cycle. It is normally easier to just treat the dog. If you know for sure that your dog has worms, you can give a wormer (usually Panacur-C or Drontal Plus) every two weeks for several months. If you don't treat aggressively, you will likely end up with larval leak.

- o Dogs with chronic hookworms often have no symptoms. When symptoms do occur, they include tarry or bloody diarrhea, pale mucous membranes caused by anemia, weight loss and emaciation, and progressive weakness. Symptoms can appear as early as 10 days after exposure. Despite their small size, hookworms ingest large amounts of blood from the tiny vessels in the intestinal wall.

- o Often diarrhea is a problem after the first few worm treatments. The diarrhea can be explosive and urgent (meaning the dog has to go out NOW). Because of this, it is advisable to worm the dog when you can be home to prevent discomfort in the dog and/or a mess for you to clean up.

- o It is imperative to clean up after your dog if you know he or she has hookworms to reduce the likelihood of transmission to other animals.

Please consult with your vet about his or her preferred medication and schedule.

- **WHIPWORM (*Trichuris vulpis*) and Roundworm (*Ascarids*):** Both are intestinal worms that are transmitted via infected feces and found in soil. They are less persistent than hookworms, though still common. They are large enough to be seen by the naked eye. Whipworm eggs are quite hardy and can remain viable in soil for up to 5 years. The eggs are shed inconsistently in the stool, so a sample may give a false negative. Treatment is via a wormer (again, Panacur-C or Drontal Plus). Normally two rounds is sufficient, but check with your vet for recommendations for your specific dog.

- o Dogs with whipworms or roundworms often have no symptoms. When symptoms do occur, they include mucous-filled or bloody diarrhea, pale mucous membranes caused by anemia, weight loss and emaciation, and progressive weakness. Symptoms can appear as early as 10 days after exposure. You may notice live or dead worms in the stool.

- o Often diarrhea is a problem after the first few worm treatments. The diarrhea can be explosive and urgent (meaning the dog has to go out NOW). Because of this, it is advisable to worm the dog when you can be home to prevent discomfort in the dog and/or a mess for you to clean up.

- o It is imperative to clean up after your dog if you know he or she has whipworms or roundworms to reduce the likelihood of transmission to other animals.

- **Tapeworm (*Dipylidium caninum*):** This type of intestinal worm is spread by fleas. Drontal (but not Panacur-C) is the normal choice for treatment. It tends to respond well to treatment and multiple courses are not often required. Unlike other intestinal worms, dogs cannot become infected by eating fertilized tapeworm eggs. Tapeworms must first pass through an intermediate host (a flea) before they can infect a dog.

- o Tapeworms do not normally cause serious health problems in dogs. Occasionally dogs will drag their bottoms on the ground, a behavior known as scooting, in order to allay irritation. Note that scooting can also occur for other reasons such as impacted anal sacs.

- o Clinical diagnosis is usually made by observing the white mobile tapeworm segments in the

Health Problems, continued on page 5

Health Problems, continued from page 4

feces or crawling around the anus. They often look like grains of rice. Tapeworm segments are only passed intermittently and therefore are often not diagnosed on routine fecal examination. If you find any segments, white or golden color, bring them to your veterinarian for a definitive diagnosis.

External Parasites:

• **FLEAS (Ctenocephalides canis):** This is a tiny, yet visible parasite. They can leap great distances, and once on a dog, can quickly infest the entire house, starting with the dog's bedding. Fleas are very common in warm climates and in areas where animals gather. They live by biting the dog and sucking his or her blood. Anemia can happen quickly in a dog with a major infestation. A single female flea can consume up to 15 times her body weight in blood over the several weeks of her adult life. Dogs are also frequently miserable when fleas bite them and can develop an allergy to flea saliva easily. Thus, it is important to try and prevent an infestation. There are multiple treatments on the market; Frontline Plus is one of the best known. Please consult with your vet, as some treatments are toxic to cats and cannot be used if there is a cat in the house. There is a pill (Capstar),

which will kill all live fleas on a dog at that moment. It is a great tool for an acute situation.

• **TICKS (multiple names):** These tiny, sometimes hard to see parasites live by attaching to a dog and sucking the dog's blood. They will balloon up to many times their original size as they take in more of the dog's blood. Ticks are efficient carriers of disease because they attach firmly when sucking blood, feed slowly and may go unnoticed for a considerable time while feeding. Ticks take several days to complete feeding. Ticks are EXTREMELY dangerous. They transmit many diseases (Ehrlichia, Babesia, Lyme Disease, Rocky Mountain Spotted Fever, Anaplasmosis, and several others). They can also infect humans. Tick-borne diseases are painful and can cause major problems, including lameness, and exhaustion. They are very frustrating as they can come and go, making them difficult to diagnose and treat. Some tick-borne diseases cannot be cured; only the symptoms can be treated. Many flea medications (though not Capstar), also prevent ticks. Unfortunately, ticks are common in warm climates and in areas where animals, both domestic and wild, congregate. There have been reports that some of the common preventatives are becoming less effective because some ticks are

becoming resistant to them. It is imperative to consult with your vet and to check your dog frequently (preferably at least daily) for ticks. If you find one, you can remove it, but be sure to get the entire tick (including the mouthparts), or it can still infect your dog. Your vet may also suggest a "tick key", a tool to help in removing ticks. When you remove a tick, you must immediately drown it in rubbing alcohol OR burn it and then flush it down the toilet.

I know this information is daunting, but hope it will help you keep your dog happy and healthy for years to come. Please remember that the GW Adopters Yahoo Group is available if you would like to seek the advice of other adopters. ■

If you would like more information on the parasites discussed here as well as other common canine parasites, VCA Animal Hospitals has many good articles that are easy to read and informative. They can be found here: <http://www.vcahospitals.com/main/pet-health-information/search?species=Dogs&topics=Parasites&page=0>

Greyt Products: Teeth - Brushing and Maintenance

One of the most important parts of maintaining your grey's health is brushing their teeth. While every greyhound has experienced this before, that doesn't mean it's their favorite thing. Depending on the temperament of your specific grey, toothbrushing time may be a breeze or a nightmare. Regardless of their reaction, brushing your grey's teeth is not something you want to skip. By keeping their teeth clean, the chances of them developing life-threatening infections is vastly reduced. Greyhounds in particular can have bad teeth, and keeping them clean is a relatively harmless and cost-effective way of safeguarding their health.

There are a variety of products out there to help you with your brushing responsibilities, but which are worth it and which not? Here are some products and guidelines to keep in mind:

1. toothpaste of course! Do not under any circumstances use human toothpaste - the fluoride is toxic to dogs. Generally speaking, you're going to want to find something that tastes good to

your pup, is safe and is easy to use for you. Try CET Flavored toothpaste or Petrodex toothpaste.

2. toothbrush. Sometimes this can be as simple as your finger. On the opposite end of the spectrum are three-headed dog brushes that are meant to get all surfaces at once. Determine the tolerance level of your dog; if they're not havin' it, try a finger brush. If you're feeling sassy, try one of the triple dog brushes.

3. treats. Products like Greenies can help a lot with keeping your dog's teeth clean. While they shouldn't be the only source of cleaning, they are great to maintain happy teeth. The best part is, your dog just thinks it's a treat.

4. chew toys. Chewies are a great means of entertaining your dog. They also help keep your dog's teeth and gums strong.



Greyhound Welfare's Featured Friends

Thanks to everyone who emailed us photos!
Get out those cameras and watch your email for announcements
about our next issue!



courtesy Jenny & Matt Morena



courtesy Lissy March



courtesy Lissy March



Eddie - courtesy Kimberly Graham



courtesy Jill Benham